

Touch From The Heart Massage Therapy and Reflexology
Brenda J. Mills, LMT
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QUALIFICATIONS

Licensed Massage Therapist – Texas License Number MT027593
Passed Texas State Board Exam June 2001
Graduated with honors from Texas Massage Institute, Fort Worth, Texas December, 2000

WORK HISTORY

April 2005 to present:

Sole Proprietor of Touch From The Heart Massage Therapy and Reflexology, Hurst, Texas.

January 2004 through March 2005:

H.E.B. Massage Therapy, 1101 Arwine Court, Hurst, Texas.
Owner: Rae Holland.

Purchased lease space while working as an independent Massage Therapist. Discontinued lease when owner relocated business to another part of the County.

May 2002 through December 2003:

Salon Moda, 6318 Camp Bowie Boulevard, Fort Worth, Texas. Owner: Cami Martin

Staff Therapist providing Relaxing and Therapeutic Massage to clients of the salon. Involved in the presentation and sales of products utilized throughout the salon. Resigned for professional and ethical reasons.

April 2001 through April 2002:

Joslin & Company Hair Salon, Hurst, Texas.
Owner: Cheryl Joslin

Worked part time as a Massage Therapist, leasing space at the hair salon while working full time as a waitress at Water Street Seafood Company. Discontinued my relationship with the salon for full time employment at Salon Moda.

ADDITIONAL WORK EXPERIENCE

Chair Massage at various bridal shows representing DFW Wedding Professionals.

Chair Massage at 2007 Entrepreneur Expo at the Chairman of the Board booth.

Chair Massage at various corporate functions for ABMP at the Doral Hotel, Fort Worth, Texas.

Guest speaker at the 2007 Texas Society of Professional Surveyors Association Ladies Auxiliary Health Fair meeting demonstrating basic massage techniques and explaining the benefits of massage.

Fibromyalgia Convention in Plano, Texas, representing Nikken Magnetic Health and Wellness Products in 2009

Chair Massage for Teresa's Treasures 10th Anniversary's Open House in Nov. 2010.

In home Massage and Reflexology on stage 4 Huntington's Disease client from 2008 to Feb.8th,2011. Working close with Doctors and other in home health care providers to alleviate discomfort and add dignity to end of life care.

CONTINUING EDUCATION COURSES

Courses in Fibromyalgia, Manual Lymphatic Drainage, Medications and Massage, Myofascial Release, Reflexology, Reiki, How To Run A Small Business (Texas Wesleyan University). Stress Reduction Techniques, Stretching Techniques Therapy, Trigger Point Therapy, Adult C.P.R., Teaching Adult Learners, Aromatherapy, Building Clientele, Medical Massage, Bible Study.

PROFESSIONAL ASSOCIATIONS

Associated Bodywork & Massage Professionals, Northeast Tarrant Chamber of Commerce, D.F.W. Wedding Professionals, Former Member of Professional Power Team, and Former Member of Prosperity Partners.

COMMUNITY SERVICE

Western Hills United Methodist Church: Choir, Handbell Choir, Church Council, Anonymous prayer partner for a child mentor, 50th. Anniversary Planning Committee, Welcoming Visitation Committee for new members, Discipleship Bible Study.